

BIOBASED IN CARLOW

FARMERS MARKET

A great way to be environmentally friendly is to buy local. And what better place to buy fresh, local and traceable food than the farmers market? Also a great way to avoid unnecessary plastic packaging. And so is buying at farms directly, like **Malone Fruit Farm**, based in Ballon, where you can get fruit and all kinds of jams and jellies

CARLOW FARMERS



every Sunday morning
at the Potato Market

ENVIRONMENTAL GROUPS



There are many environmental groups around, find one near you! The **County Carlow Environmental Network** is one of them, working to enhance the physical and social environment of Carlow.

ECO TOURISM

Do you want to travel, with little environmental impact? That is what eco tourism is all about! Carlow is home to great ecotourism, such as **Blackstairs Eco Trails**, in Borris, which offers a range of experiences, from hillwalking, foraging workshops and Celtic tree trail.



Their hill walking, bird watching and foraging have minimum impact as they use a no trace policy. They don't pick wild flowers or disturb the wildlife, but they observe from a distance.



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